

5K Race

Fun Run

In consideration of this entry form being accepted, I for myself, my heirs, administrators and assigns hereby waive and release and all rights and claims of nature that I may have against the sponsors of this race.

Name _____ Age _____ DOB _____ Telephone _____

Street _____ City _____ State _____ Zip _____

Signature _____
(Parent or guardian signature for applicant under 18 years of age)

MALE

FEMALE

(Circle one above)

T-SHIRT SIZE: S M L XL XXL

(Circle one above)

Email _____ Before July 5, 2011 mail this entry form and fee to:

Lisbon Recreation Department, 300 Lisbon Street, Lisbon, ME 04250
Questions Call 353-2289

Moxie Day 5K Road Race
Lisbon Recreation Department
300 Lisbon Street
Lisbon, Maine 04250

16th Annual MOXIE DAY 5K (3.1 miles)

Saturday, July 9, 2011
7:30 a.m. Start

“New” Chip Timing



PLUS:

Kids Pre Race Fun Run
.5 mile 7:00 a.m. start



**Lisbon Recreation
Department
300 Lisbon Street
Lisbon, Maine 04250**

Contact us at:

Office: (207) 353-2289

Fax: (207) 353-2749

Email: mstevens@lisbonme.org

Our office is located at
18 School Street in Lisbon Falls

Finish line management by:

Charlie Scribner

&

Race Director: Mark Stevens
Lisbon Recreation Department

Post Race Refreshments Furnished by:

Coca-Cola Bottling Company
of
Northern New England Inc.

**Moxie Day 5K
Road Race**

Where: Begins in Lisbon Falls, behind X-tra
Mart across from the Lisbon High School.

When: Saturday, July 9, 2011
7:30 a.m. Start Time (rain or shine!)

Registration: 6:00 a.m. to 7:00 a.m.
Pre-registration: \$15
Race Day Registration: \$20
(Make checks payable to: Lisbon Recreation Dept.)

Course: An early and quick scenic run
through the outskirts of town. This route
includes two steep upgrades, one at the
start of the race and the second at the two
mile mark. Maps will be available on the
day of the race. Splits will be given at the
1 and 2 mile marks and a water station
will be available at the halfway point.

Facilities: Lisbon High School — use of
locker rooms, showers, and bathrooms.

Course Records:

15:09 Justin Easter

17:51 Jenna Richardson

Kids Pre Race Fun Run

July 9 • Start time: 7:00 am

Fun Run

Registration.....\$5.00

Across from the Lisbon High School

The Race For All Ages!

All participants will receive medals

Awards/Categories

Prizes will be awarded to the first male
and female finishers. Awards will also
be given to the first and second place
male and female finishers in the follow-
ing age categories:

12 and under, 13 - 16, 17 - 19, 20 - 29,
30 - 39, 40 - 49, 50 - 59, 60 - 69, 70 and
over. Additional awards will be given to
the first Male and Female “Lisbon
Resident” finishers!

Free Race T-Shirts For All Runners

See results at: www.lisbonme.org/rec

**Moxie Day 5K
Sponsors**

Frosthill Med



First Choice Printing Inc.



Coca-Cola Bottling Co.



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Farwell Counseling Associates